



FCCLA Week Activity Guide: FCCLA Spirit Day

Topic: FCCLA Spirit Day

Grade Level: Any

Learning Objectives:

Students will learn about FCCLA:

Family, Career and Community Leaders of America (FCCLA) is a national Career and Technical Student Organization (CTSO) for young men and women in Family and Consumer Sciences (FCS) education in public and private schools through grade 12. FCCLA offers intra-curricular resources and opportunities for students to pursue careers that support families. Since 1945, FCCLA members have been making a difference in their families, careers, and communities by addressing important personal, work, and societal issues through Family and Consumer Sciences education.

Be sure to share all FCCLA week activities using the hashtag #FCCLAwEEK.

National FCS Standards:

6.1, 6.2, 7.1, 7.2, 7.3, 7.4, and 7.5

Activity Day 5: FCCLA Spirit Day

- Start each class or your chapter meeting by playing the [FCCLA Trivia Kahoot!](#)
- Going back to Monday, host an FCCLA Creed Speaking competition using the FCCLA Creed Speaking and Interpretation guidelines found in the FCCLA Portal > Resources > Competitive Events > 2023-2024 Skill Demonstration Event guidelines.
- Prepare a “red food” themed lab in culinary classes, such as a chili cook-off, salsa making, or red velvet cookies.
- Sell red roses to students as a fundraiser.
- Provide grab-and-go red snacks for FCCLA members to pick up in your classroom throughout the day, such as licorice, cherry tomatoes, watermelon, cherries, fruit snacks, etc.
- Flood social media platforms with FCCLA information and members wearing red.
- Use the [chapter press release templates](#) on the FCCLA website to advocate for your FCCLA chapter activities.
- Play FCCLA Jenga, Spoons, or Mania, as found in the FCCLA Portal under Resources > Lesson Plans.
- Showcase your FCCLA spirit by rocking the red—award prizes for students wearing red (advertise throughout the week).
- Tell students how to join FCCLA and the benefits of being a member. Have current members talk about why they joined and what it means to be a member of your school.