

Introduction: Notetaking Guide

Name: _____

Date: _____

What's So?

- _____ is a FCCLA national program that helps members find and use their _____.
- Has _____ units related to different areas of a _____.
- Members set _____ to achieve related to the area of the unit.
- Members' projects will relate to their own _____ and _____.
- Projects cater to a member's _____, skills, interests, and _____.

So What?

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Five Units of Power of One:

1. _____: Improve a personal trait
2. _____: Serve as a more effective family member
3. _____: Explore and prepare for careers
4. _____: Develop leadership abilities
5. _____: Promote the organization and its benefits to others

The Planning Process:

- A _____ that supports youth leadership and personal growth
- Can be used to determine group action or to plan _____ projects
- Includes _____ steps

THE FCCLA PLANNING PROCESS	
What it IS:	What it is NOT:
Identify Concerns	Identify Concerns
Set a Goal	Set a Goal
Form a Plan	Form a Plan

Act	Act
Follow Up	Follow Up

Growth Mindset:

- Everyone is not born with equal _____ and _____, but growth mindset focuses on taking responsibility and improving _____
- Fosters a love of _____, _____, and _____
- “How can I grow from where I am?”