

<p><b>Topic:</b> Investigation of teaching and training careers in the Education and Training Career Pathway</p>
<p><b>Grade Level:</b> 8-12          Use resources to match levels:          Level 1: through grade 8          Level 2: grades 9-10          Level 3: grades 11–12</p>
<p><b>Timeframe:</b> Multiple class periods, plus outside of class worktime</p>
<p><b>FCCLA National Program(s) Integration:</b>          Career Connection          Power of One</p>
<p><b>FCCLA STAR Event Integration:</b>          Teach or Train</p> <p>Related STAR Events:          Career Investigation          Interpersonal Communications          Job Interview          Say Yes to FCS Education</p>
<p><b>Learning Objectives:</b>          This lesson is designed to utilize resources from the Teach or Train FCCLA STAR Event as students investigate careers in the education and training pathway. If students decide to use this for competitions, add in the "extra" STAR Events requirements. If students do well in the assignment, encourage them to compete.</p>
<p><b>National FCS Standards:</b>          1.0 Career, Community and Family Connections          2.0 Consumer and Family Resources          4.0 Education and Early Childhood          5.0 Facilities and Property Management          13.0 Interpersonal Communications</p>

<p><b>Materials Needed:</b>          Career Exploration and Self-Assessment Summary Page Instructions          Shadowing Reflection Summary Instructions (Level 2 and Level 3)</p>
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Teach or Train Lesson Plan Template

Teach or Train Rubrics – levels 1, 2, and 3

\*All materials are available for download in the most recent competitive events guide in the [FCCLA Portal](#).

**Activity 1:** Career Exploration and Self-Assessment

**Activity 1 Timeframe:** 40-60 mins

**Activity 1 Materials Needed:** Career Exploration and Self-Assessment Summary Page Instructions, [bls.gov](#), career search sites such as [indeed.com](#) or [glassdoor.com](#), or education specific career sites.

**Directions:**

- Provide each student with a copy of the Career Exploration and Self-Assessment Summary Page Instructions.
- Have them use career research websites such as [bls.gov](#), [indeed.com](#), and [glassdoor.com](#) to research more about an education career of their choice.
- Students should use the instructions to write a paper or create a slide presentation on their findings.

**Activity 2:** Shadowing Experience (optional for Level 1 age students)

**Activity 2 Timeframe:** 2-3 class periods

**Activity 2 Materials:** Shadowing Reflection Summary Instructions

**Directions:**

- Have students choose an education setting to observe during this class period.
- Provide each student with a copy of the Shadowing Reflection Summary Instructions
- Students should use the Shadowing Reflection Summary Instructions to record what they observe and create a reflection paper or slide presentation of their findings.

Notes: Work with educators in your school in advance to ensure students are allowed to come and observe. Also be sure to talk to students about appropriate observation behaviors and privacy.

**Activity 3:** Lesson Plan

**Activity 3 Timeframe:** 1-2 class periods

**Activity 3 Materials Needed:** Teach or Train Lesson Plan template

**Directions:**

- Now that your students have researched their education career and observed an educator in action, they should create a lesson that would be a good fit for that area of education.
- Provide each student with a Teach or Train Lesson Plan template. They should use this to design a lesson that they feel would be a good fit for their chosen field.

**Activity 4:** Present your findings

**Activity 4 Timeframe:** 1-2 class periods

**Activity 4 Materials Needed:** FCCLA STAR event Teach or Train rubric

**Directions:**

- Have students compile their career exploration and self-assessment, observations, and lesson plan into a presentation to share with the class
- Use the FCCLA STAR Event Teach or Train rubric to establish requirements of the presentation as well as a grading tool.

**Assessment:**

Final presentation of research findings

**Source:**

[fclclainc.org](http://fclclainc.org)

## Career Exploration and Self-Assessment Summary Page Instructions

Career Exploration and Self-Assessment summary should not exceed 3 pages in length or 5 slides. Use this outline with these headings, in this order, when preparing Career Exploration and Self-Assessment summary pages. Answers to these questions may be comprehensive and include data and resources for the information.

### **CAREER EXPLORATION (2 pages maximum):**

1. What education path and qualifications are necessary for a career in the education/training field in which you are interested?
2. Please list a sample job description for your ideal education/training career.
3. What skills are needed for this career?
4. What is the current and future job outlook for this career?
5. Mentorship is a big component in education/training job sustainability. Who could be a mentor to you and what other measures could you take to ensure a long, enjoyable, and successful career?
6. What are the entry-level positions and opportunities for professional advancements in this career field?

### **SELF ASSESSMENT (1 page maximum):**

1. Why are you personally interested in this career?
2. What personal skills and learning style do you have that indicate that you might be suited for this career choice?
3. Describe what appeals to you about a career in education or training?
4. What other aspects of your self-assessment have you considered?

## Shadowing Reflection Summary Instructions Level 2 and Level 3

Write a reflection on the shadowing experience of a best practices teacher or a corporate trainer. The Shadowing Reflection Summary should not exceed 3 pages in length or 5 slides. Use this outline in this order.

**I. Describe your shadowing experience including where, when, length of shadowing, why you chose this person to shadow, and the setting and classrooms or trainings sessions you observed.**

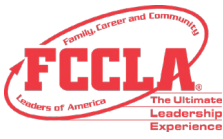
### **II. Observations:**

1. What observations did you make about the room management techniques?
2. What observations did you make about the content/curriculum being taught?
3. How did the teacher or trainer manage the lesson?
4. What evidence did you see of planning?
5. Discuss with the teacher/ trainer the following:
  - The school's or organization's mission statement.
  - The curriculum standards or guidelines.
  - The career of teaching/ training.
  - Maintaining a professional motivation for the career.
  - Their "best advice" to a new teacher/ trainer or a potential teacher/trainer.
  - Why did they choose the presentation strategies methods that were used?
  - How did they choose the activities?
  - How did they accommodate diverse learning styles or accommodations needed, learning styles, language, cultural values, and ethical standards of teaching/ training?
6. Include other applicable observations.

## Lesson Plan Template

Use this template, in the order given, when preparing your Lesson Plan. This Lesson Plan may not exceed 3 pages or 4 slides in length.

<b>Topic:</b>
<b>Grade Level:</b>
<b>Timeframe:</b>
<b>FCCLA National Program(s) Integration (if applicable):</b>
<b>FCCLA Competitive Event (STAR Event, Skill Demonstration Event, FCCLA/LifeSmarts Knowledge Bowl, Knowledge Matters) Integration (if applicable):</b>
<b>Learning Objectives:</b>
<b>National Family and Consumer Sciences Standards (or others as appropriate):</b>
<b>Career Readiness Practices (Select all that apply):</b> <ul style="list-style-type: none"> <li><input type="checkbox"/> Act as a responsible and contributing citizen and employee</li> <li><input type="checkbox"/> Apply appropriate academic and technical skills</li> <li><input type="checkbox"/> Attend to personal health and financial well-being</li> <li><input type="checkbox"/> Communicate clearly and effectively and with reason</li> <li><input type="checkbox"/> Consider the environmental, social and economic impacts of decisions</li> <li><input type="checkbox"/> Demonstrate creativity and innovation</li> <li><input type="checkbox"/> Employ valid and reliable research strategies</li> <li><input type="checkbox"/> Utilize critical thinking to make sense of problems and persevere in solving them</li> <li><input type="checkbox"/> Model integrity, ethical leadership and effective management</li> <li><input type="checkbox"/> Plan education and career paths aligned to personal goals</li> <li><input type="checkbox"/> Use technology to enhance productivity</li> </ul>



# FCCLA Lesson Plan: Teach or Train



*FCCLA Lesson Plan Template, continued*

<b>Materials Needed:</b>
<b>Instructional Strategies:</b>
<b>Activity 1:</b> <b>Activity 1 Timeframe:</b> <b>Activity 1 Materials Needed:</b> <b>Directions:</b>
<b>Activity 2:</b> <b>Activity 2 Timeframe:</b> <b>Activity 2 Materials:</b> <b>Directions:</b>
<b>Activity 3:</b> <b>Activity 3 Timeframe:</b> <b>Activity 3 Materials Needed:</b> <b>Directions:</b>

*FCCLA Lesson Plan Template, continued*

**Assessment** (ex. journal, rubric, test, portfolio, observation, formative, summative, pre/post test, etc):

**Other Resources** (ex. graphic organizer, handouts, PowerPoint presentation, etc.):

**Source** (If Applicable: cite any published or copyrighted materials used in this lesson plan):

**Additional Notes:**