



# Food Innovations 2009-2010 Food Product Scenarios

Please use the following scenario which corresponds with your competition category to develop your Food Innovations project.

## **Junior**

Please develop a non-perishable snack food which is high in fiber.

## **Senior**

Please develop a perishable, ready-to-heat entrée for busy families which contains items in at least three food groups and is low-fat, low-sodium, and high in protein.

## **Occupational**

Please develop a frozen individual meal for a diet-conscious individual which represents the complete food pyramid in proportional amounts.